

# Powerful Tools FOR Caregivers

Caregiving can be a challenge, but it's easier when you're prepared.



**Feb 7 - March 14**  
**Saturdays, 10:00-11:30 am**

This **six-week class series** gives you the confidence and support to better care for your loved one – and yourself.

Class is **free** to attend, donations are accepted. **Pre-registration required.**

**To Register** (*Pre-registration required*)

*If you need help with registration or have questions, please contact Monument Community Presbyterian Church at (719) 481-3902.*

Scan QR code or  
go to [mcpc.live/register](http://mcpc.live/register)



Brought to you in collaboration by



**Silver Key**

(719) 884-2300  
[silverkey.org](http://silverkey.org) [info@silverkey.org](mailto:info@silverkey.org)



**MCPC**

(719) 481-3902  
238 Third St, Monument, CO 80132